

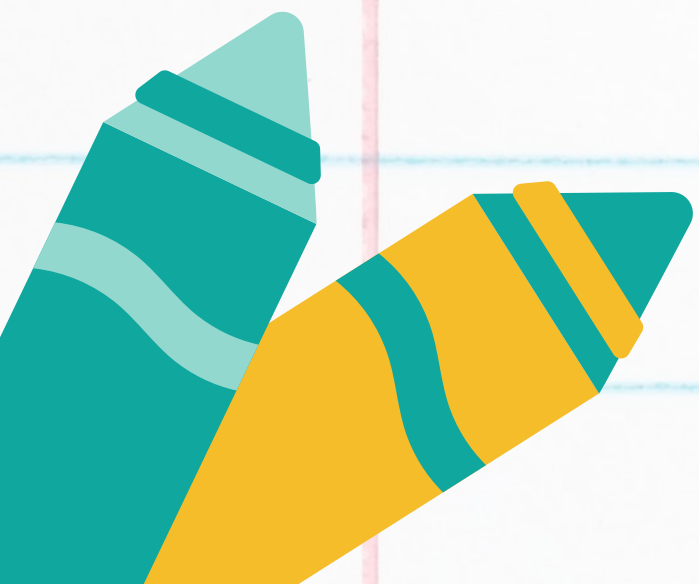


TEACHERS SUPPORT TEACHERS

The development of this learning material in **Teachers Support Teachers** program is a collaboration between Quran and Islamic teachers with Alif Iqra to demonstrate the quality and creativity of teachers in creating learning materials.

Teachers Support Teachers is a learning material sharing program which can be accessed on the Alif Iqra website for all Quran and Islamic teachers. All materials created have gone through mentoring and selecting by the Alif Iqra academic team.

Alif Iqra is a Quran learning platform which provides certified Quran teachers for children to adults in 17 cities throughout Indonesia.



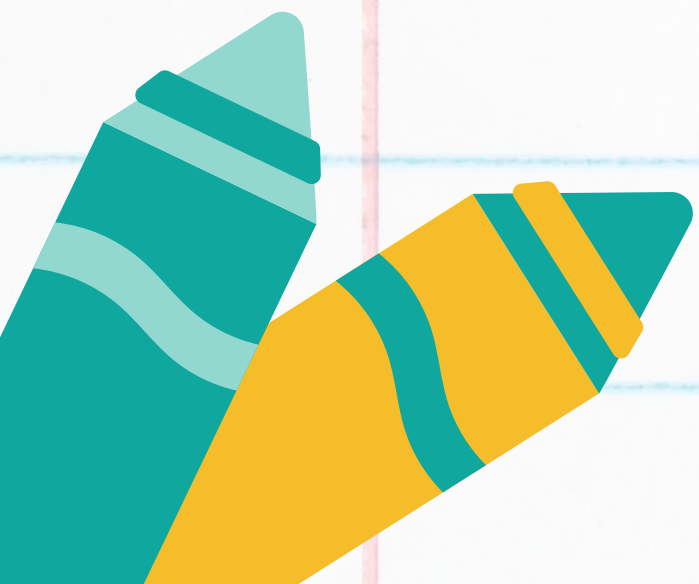


TEACHERS SUPPORT TEACHERS

Please do not share this material on any document sharing sites or emails, or claim it as a private file on any website, blog, or platform on the internet. If someone asks you about this material just tell him about **Teachers Support Teachers** program on Alif Iqra's website (alifiqra.id/tst/), where this file can be found, instead of directly sharing this file in PDF format.

If you find it helpful or like this material, please share your learning activities using this material on social media and tag @alifiqra on Instagram or visit the Alif Iqra website at alifiqra.id so that the materials in Teachers Support Teachers can be more useful for many people.

If you have any questions or suggestions for the development of the Teachers Support Teachers program and materials, please contact us at email academic.alifiqra@gmail.com





ADAB TIDUR

BY NIDA AULA AFINA

Cuci tangan menggunakan sabun

1



SEBELUM TIDUR



2

Berwudhu



Mengibas kasur sambil membaca "Bismillaahi Allaahu akbar" 3x

3



Baca doa sebelum tidur



4

Tidur menghadap ke kanan

5



Lampu dimatikan



6

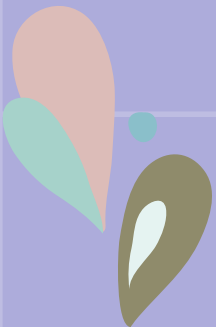
DOA SEBELUM TIDUR



بِسْمِكَ اللَّهُمَّ أَحْيَا وَبِسْمِكَ أَمُوتُ

Bismika allaahumma ahyaa wa bismika amuut

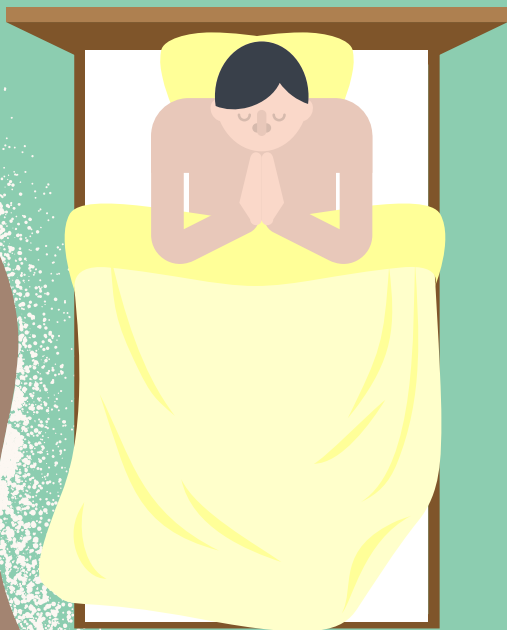
Artinya: "Dengan nama Engkau, ya Allah, aku hidup dan aku mati"



Adab Bangun Tidur

1

Baca doa bangun tidur



2

Merapikan tempat tidur



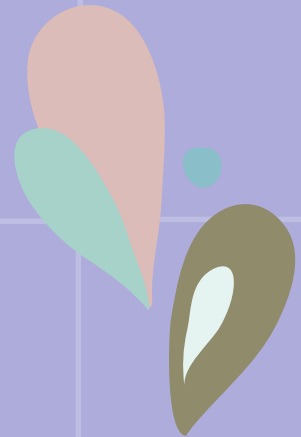
DOA BANGUN TIDUR

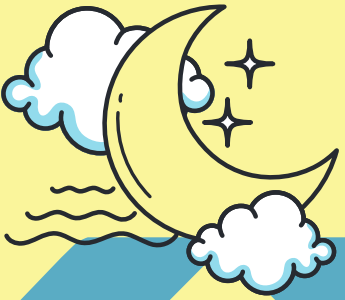


اَلْحَمْدُ لِلّٰهِ الَّذِيْ اَحْيَاَنَا بَعْدَ مَا اَمَاتَنَا وَاِلَيْهِ النُّشُوْرُ

Alhamdulillaahilladzii ahyanaa ba'da maa
amaatanaa wa ilaihin nusyuur

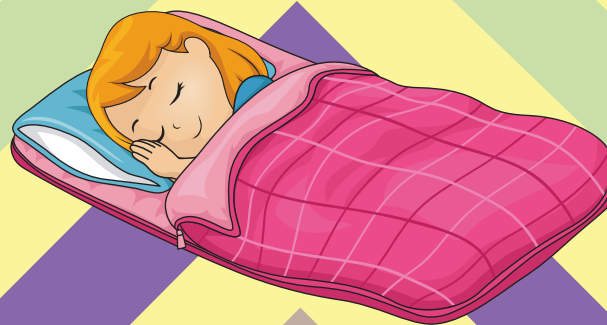
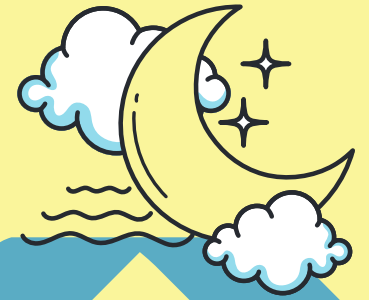
Artinya: "Segala puji bagi Allah, yang telah membangunkan kami setelah menidurkan kami, dan kepada-Nya lah kami dibangkitkan"





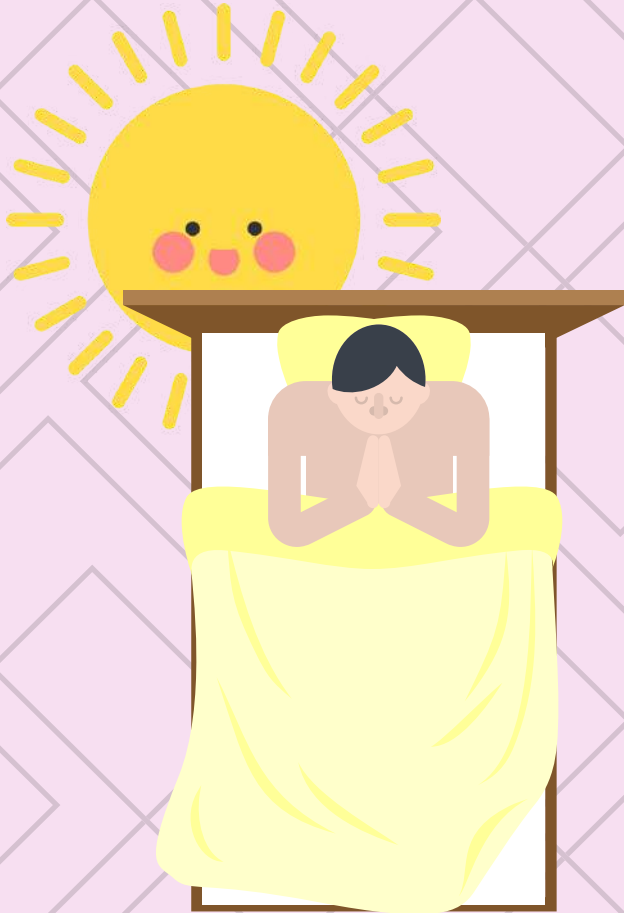
TEBAK GAMBAR

Gambar apakah di bawah ini?



TEBAK GAMBAR

Gambar apakah di bawah ini?



TENTANG DIRIKU

1

Pukul berapa aku tidur di malam hari?

2

Dengan siapa aku tidur di malam hari?

3

Apakah aku tidur dalam keadaan lampu dimatikan?

4

Apakah aku selalu baca doa sebelum tidur?

5

Apakah aku bangun di subuh hari untuk melaksanakan sholat subuh?

6

Apakah aku selalu baca doa setelah bangun tidur?

7

Apakah aku selalu merapikan kamar tidurku di pagi hari?

Referensi

Doa Sebelum Tidur

<https://katadata.co.id/safrezi/berita/61528ae76c6da/doa-sebelum-tidur-dan-artinya-serta-amalan-sesuai-anjuran-rasulullah>

Doa Bangun Tidur

<https://news.detik.com/berita/d-4676578/ini-doa-bangun-tidur-lengkap-arab-latin-dan-artinya>

A large teal circle containing the word "Canva" in a white, cursive font.

Canva